

# Welcome to the ACNP Women and Gender-Minority Luncheon Symposium

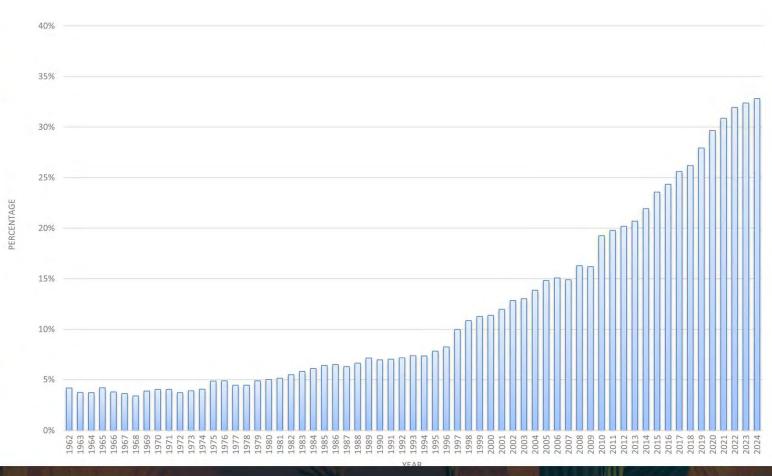
Jill Becker, Ph.D.

Negar Fani, Ph.D., ABPP

Gender Equity & Inclusion Committee Chairs



#### Percentage of Women and Gender-Minority Members in ACNP



Women and Gender-Minorities make up 33% of the College membership.

# **ACNP Presidents**

Eva Killam, Ph.D.

Huda Akil, Ph.D.

Carol Tamminga, M.D.

Judith Rapoport, M.D.

Raquel Gur, M.D.

Anissa Abi-Dargham, M.D.

Marina Wolf, Ph.D.,

Maria Oquendo, M.D., Ph.D.

Linda Brady, Ph.D.

Helen Mayberg, M.D., President

Deanna Barch, Ph.D., President-Elect

Designate

11/65

## **ACNP** Council

Anissa Abi-Dargham, M.D. Carrie Bearden, Ph.D. Huda Akil, Ph.D. Victoria Arango, Ph.D. Deanna Barch, Ph.D. Francine Benes, M.D., Ph.D. Karen Berman, M.D. Linda Brady, Ph.D. Paula Clayton, M.D. Cynthia Crawford, Ph.D. Cindy Ehlers, Ph.D. Neill Epperson, M.D. Judith Ford, Ph.D. Ellen Frank, Ph.D. Rita Goldstein, Ph.D. Raquel Gur, M.D., Ph.D. Tamar Gur, M.D., Ph.D. Suzanne Haber, Ph.D.

Yasmin Hurd, Ph.D. Eva Killam, Ph.D. Mary Jeanne Kreek, M.D. Ellen Leibenluft, M.D. Helen Mayberg, M.D. Colleen McClung, Ph.D. Nancy Mello, Ph.D. Bita Moghaddam, Ph.D. Lisa Monteggia, Ph.D. Maria Oquendo, M.D. Mary Phillips, M.D. Marina Picciotto, Ph.D. Judith Rapoport, M.D. Carol Tamminga, M.D. Rita Valentino, Ph.D. Myrna Weissman, Ph.D.

Marina Wolf, Ph.D.

35/ 153 23%

# A reminder of strategies to address situations in the moment when a micro/macro aggression has occurred \*

- **1.Distract:** Indirectly diffuse the situation by interrupting the harasser and the target (e.g. commotion, small talk, etc.).
- **2.Delegate:** Ask a third party for assistance in intervening, preferably an individual in a position of authority.
- **3.Document:** If it is safe to do so and someone is already helping the target, write notes or take a video of the discriminatory situation (permission to share the situation belongs to the target).
- **4.Delay:** Check in with the person who was discriminated/harassed (e.g. support, offer assistance, etc.).
- **5.Direct:** If everyone is physically safe, speak firmly and clearly against the harassment/discrimination taking place (prioritize assisting the target over debating the harasser).

<sup>\*</sup>Hollabacks!'s 5 D's to Bystander Intervention: (Hollaback!, 2017) https://www.apa.org/pi/health-equity/bystander-intervention]

## **ACNP** Honorific Awards



Nominate your Colleagues for Awards!

The Awards Committee encourages the nomination of women and individuals belonging to historically excluded groups.

Nominations open annually in April and close the end of June.

Julius Axelrod Mentorship Award 2004 George Heninger 2005 Solomon Snyder 2006 George Aghajanian 2007 Joseph T. Coyle 2008 Bruce M. Cohen 2009 Dennis S. Charney 2009 Eric J. Nestler 2010 David Kupfer 2011 Robert C. Malenka 2012 George F. Koob 2013 Anthony A. Grace 2014 Mark Geyer 2015 Robert M. Post 2016 Jeffrey Lieberman 2016 Charles Nemeroff
2017 Rene Hen
2017 Alan Schatzberg
2018 Ellen Leibenluft
2019 James Leckman
2020 Kathleen Brady
2020 Helen Simpson
2021 Peter W. Kalivas
2021 J. John Mann
2022 Susan F. Tapert
2022 Charles F. Reynolds
2023 Marina Wolf
2024 Alan Frazer

19%

Dolores Shockley
Diversity and Inclusion
Advancement Award

2017 Margarita Dubocovich 2018 Maria Oquendo 2019 Carlos Zarata

2019 Carlos Zarate 2020 Gregory Quirk

2021 Nii Addy

2022 Carolyn Rodriguez

2023 Bita Moghaddam

2024 Michelle Jones-London

#### **Daniel H. Efron Research Award**

1974 Solomon Snyder
1975 George Aghajanian
1978 Jack David Barchas
1979 David J. Kupfer
1980 Herbert Y. Meltzer
1982 Joseph T. Coyle
1983 Benjamin S. Bunney
1983 Richard J. Wyatt
1984 Michael J. Kuhar
1985 Robert M. Post
1985 Elliott Richelson
1986 Steven M. Paul
1987 Charles B. Nemeroff
1988 Roland D. Ciaranello

1989 Salvatore J. Enna
1990 Kenneth L. Davis
1991 George F. Koob
1992 Dennis S. Charney
1993 Stephen J. Peroutka
1994 Eric J. Nestler
1996 Peter W. Kalivas
1997 Errol B. De Souza
1998 Robert C. Malenka
1999 Randy D. Blakely
1999 Anthony A. Grace
2000 Emmanuel Mignot
2002 Bita Moghaddam
2003 David A. Bredt

2005 Joseph D. Buxbaum
2006 David W. Self
2007 Akira Sawa
2008 William A. Carlezon
2009 Antonello Bonci
2010 Karl Deisseroth
2011 Lisa M. Monteggia
2012 Larry J. Young
2013 Chris Pierce
2014 Sheena Josselyn
2015 Joshua A. Gordon
2016 Tracy Bale
2016 Andrew Holmes

2004 Athina Markou

2018 Sergiu Pasca
2019 Stan Floresco
2019 Scott Russo
2020 Kay Tye
2021 Kafui Dzirasa
2022 Michael R. Bruchas
2022 Kristen J. Brennand
2023 Keri Martinowich
2023 Vikaas Solal
2024 Debra Bangasser
2024 Anna Molofsky

2017 Garret Stuber 2018 Paul Kenny

#### **Joel Elkes Research Award**

1986 Kenneth L. Davis

1989 Daniel R. Weinberger

1993 Thomas R. Kosten

1994 Harold A. Sackeim

1995 Jack M. Gorman

1996 Robert W. Kerwin

1997 Alan Breier

1998 Stephanie O' Malley

1998 Joseph Volpicelli

1999 Nora D. Volkow

2000 Susan E. Swedo

2001 John H. Krystal

2001 Marc Laruelle

2002 Daniel C. Javitt

2002 Neal R. Swerdlow

2003 Husseini K. Manji

2004 Scott L. Rauch

2005 Paul Jeffrey Harrison 2017 Diego Pizzagalli

2006 Andreas Meyer-

Lindenberg 2007 Shitij Kapur

2008 Daniel S. Pine

2009 Jay N. Giedd

2010 Joseph Buxbaum

2011 Gerard Sanacora

2012 Rita Z. Goldstein

2012 Anil K. Malhotra

2013 Vince D. Calhoun

2014 Mary L. Phillips

2015 Gustavo Turecki

2016 David Glahn

2017 Carrie Bearden

2018 Amit Etkin

2019 Alan Anticevic

2020 Romina Mizrahi

2021 Randy P. Auerbach

2022 Oliver Howes

2023 James Murrough

2024 Aristotle Voineskos

#### **Paul Hoch Distinguished Service Award**

1965 Jonathan O. Cole

1968 Richard Wittenborn

1973 Theodore Rothman

1974 Burtrum C. Schiele

1978 Albert DiMascio

1980 Leo E. Hollister

1982 Daniel X. Freedman

1983 Oakley Ray

1986 David M. Engelhardt

1986 Morris A. Lipton

1988 Frank J. Ayd, Jr.

1989 Leonard Cook

1990 Keith F. Killiam, Jr.

1991 Donald F. Klein

1993 J. Christian Gilin

1995 Arthur J. Prange, Jr.

1996 Arnold J. Friedhoff

1998 Floyd E. Bloom

1998 David J. Kupfer

1999 Roger E. Meyer

2000 Herbert Y. Meltzer

2002 Eva King Killam

2003 Thomas A. Ban

2004 Irwin J. Kopin

2005 Ira D. Glick

2007 Kenneth L. Davis

2008 William T. Carpenter, Jr.

2009 Charles P. O' Brien

2010 Huda Akil

2011 Carol A. Tamminga

2012 David L. Braff

2013 James Meador-Woodruff

2014 William E. Bunney

2015 Ronnie D. Wilkins

2016 Martin M. Katz

2017 Eric Nestler

2018 Alan Frazer

2019 Nancy Ator

2020 Joseph Coyle

2021 Marina Wolf

2022 William A. Carlezon, Jr.

2023 Anissa Abi-Dargham

2023 David Rubinow

2024 Victoria Arango

2024 Charles Nemeroff



#### **Eva King Killam Research Award**

2011 Kerry J Ressler

2018 Lorenzo Leggio

2012 Schahram Akbarian

2019 Armin Raznahan

2014 Sarah H. Lisanby

2020 Panos Roussos

2015 Erika Forbes

2021 Susanne E. Ahmari

2015 Christopher Pittenger

2022 Damien Fair

2016 Elisabeth Binder

2023 Conor Liston

2017 Lara Ray

2024 Sergiu Pasca

2017 Carolyn Rodriguez

#### **Barbara Fish Memorial Award**

2021 Eric J. Nestler

2024 Joseph Coyle 2024 John Krystal

2022 Raquel E. Gur 2023 Suzanne Haber 2023 Helen Mayberg

3 Suzanne Haber

**Women's Advocacy Award** 

2023 Mary Phillips 2024 Karen Berman 50%

40%

#### **Media Award**

2002 Ellen Levine

2003 Tim McCann

2004 Michelle Trudeau

2005 Marianne Szegedy-Maszak

2006 Bill Lichtenstein

2007 Susan Froemke & John Hoffman

2008 P. Michael Conn & James Parker

2009 Brian Shanahan

2011 Hakon Heimer

2012 Maia Szalavitz

2013 Charles Rose, Jr.

2014 Andrew Solomon

2015 Lisa Genova

2016 Elyn Saks

2017 David Sheff

2018 Jeffrey Lieberman

2018 Barbara Lipska

2019 Shanti Das

2020 Brandon Staglin

2021 Greg Dicharry

2021 Cristine Moutier

2022 Carmine M. Pariante

2023 Jeffrey A. Borenstein

2024 Heidi Arthur

42%

#### **Public Service Award**

2018 Senator Lamar Alexander

2018 Senator Susan Collins

2019 Judge Steve Leifman

2020 Congressman Patrick Kennedy

2021 U.S. Representative Jamie Raskin

2022 U.S. Representative Earl Blumenauer

2022 U.S. Representative Cathy McMorris Rodgers

2023 New Mexico Governor Michelle Lujan-Grisham

2024 U.S. Senator John Fetterman

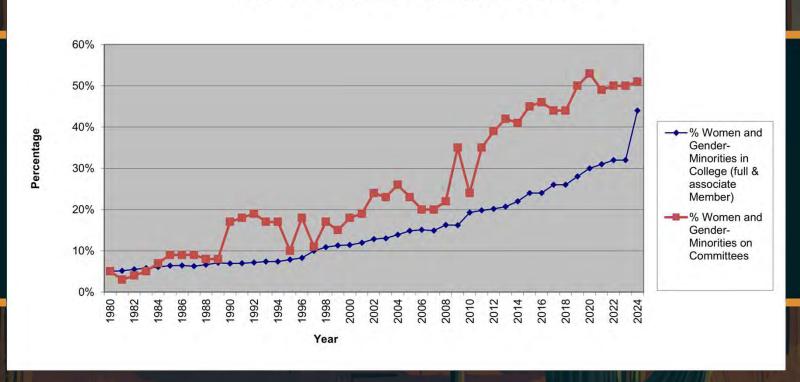
# A reminder of strategies to address situations in the moment when a micro/macro aggression has occurred

Disarm the micro/macroaggression

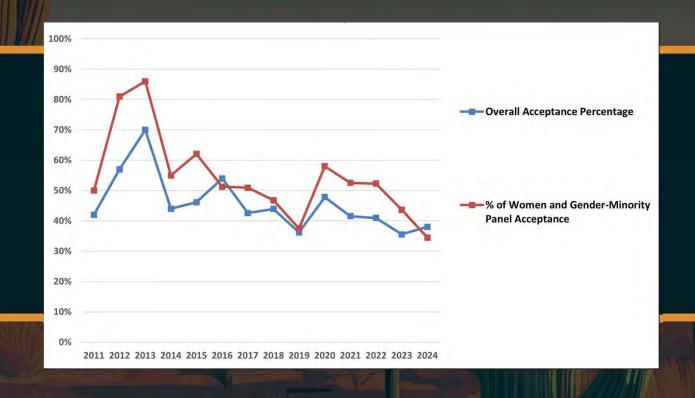
- Stop or deflect the microaggression, communicate disagreement or disapproval, state values, set limits
- •Tends to be direct, but can be indirect as well e.g., "I don't agree with what you just said"; "Ouch!"; "Let's not go there"; shake head

# % Women and Gender-Minorities in College & on Committees

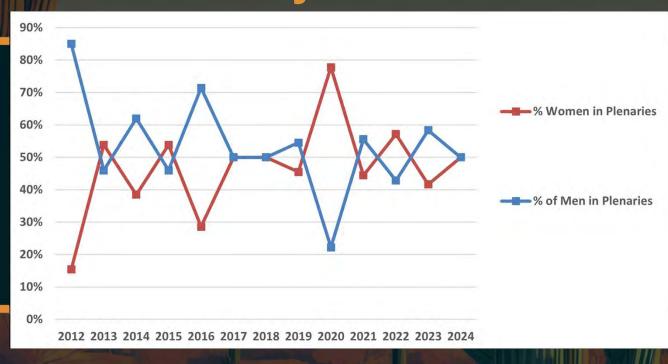
% Women and Gender-Minorities in College & Committees



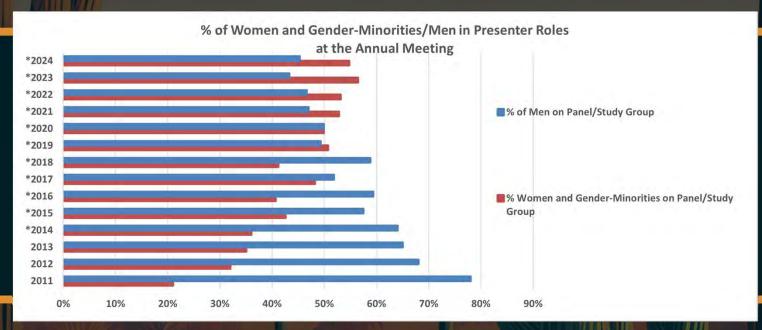
# % Accepted Panels Submitted with Women and Gender-Minorities as Chair



# Percentage of Women/Men in Plenary Sessions



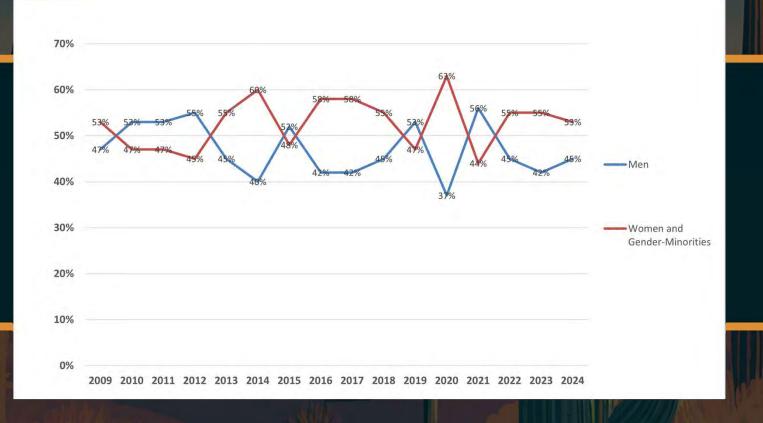
## Women/Men in Panels/Mini-Panels/Study Groups



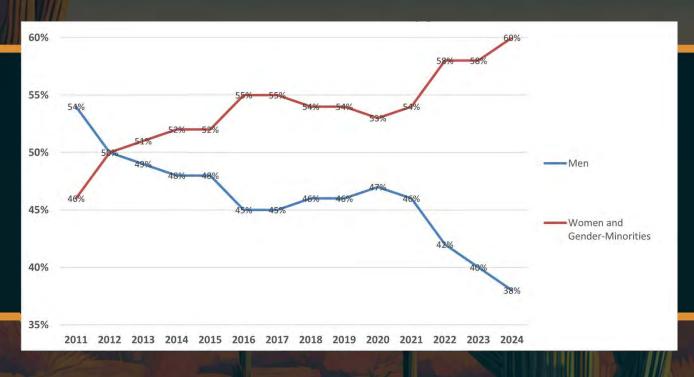
\*2011-2013 data includes mini-panel roles

\*\*2014-2024 data includes mini-panel roles and does not include discussants, as that role was eliminated.

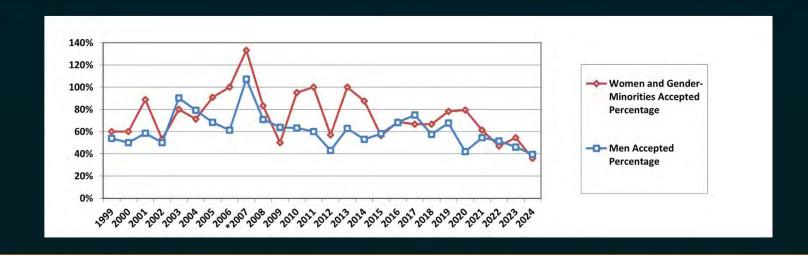
## Travel Awardee Percent Acceptance







## Regular Member Acceptance



\*There were more accepts than applications in 2007 since several of the Associate Member applications were accepted as Members.



# 2024 New Members & Promotions Summary Statistics

	# Men	# Women	Average Age (M)	Average Age (W)
Member				
Nominated	43	25	48	47
Accepted	20	11	47	47
% accepted	47%	44%		
			1.31	
Associate				
Nominated	51	40	40	41
Accepted	17	9	38	41
% accepted	33%	23%		
Promotion to Fellow				
Applied	22	11		
Accepted	13	10	-021	
Denied	9	1	4/51	
% accepted	57%	91%		The same

# 2024 vs. 2025 Number Nominations of Men/Women and Gender-Minority

2024	Women and Gender-Minorities	Men
Associate Member	40	51
Full Member	25	43

2025	Women and Gender-Minorities	Men
Associate Member	36	33
Full Member	41	48

#### A reminder of strategies to address situations in the moment Educate the offender

- •Engage person in dialogue about microaggression, facilitate enlightening conversation about what occurred
- •e.g., "I know you are a considerate person, but that comment came across as demeaning"; "What you said reflects a negative stereotype about Middle Easterners"

#### Seek external reinforcement/support

- •Find ways to expression emotions in a way that feels safe, obtain support and validation from individuals and/or institutions
- •e.g., report incident anonymously, seek individual counseling or support group; choose a trusted friend to process