

Congratulations!

Recipient of the Donald Klein Lifetime
Achievement Award

Ellen Frank, Ph.D.

University of Pittsburgh School
of Medicine



Ellen Frank is Distinguished Professor Emeritus of Psychiatry at the University of Pittsburgh School of Medicine and Chief Clinical Research Officer of HealthRhythms, Inc., a mobile technology company developing smartphone-based behavioral monitoring for clinical trials and digital intervention platforms.

For more than 35 years, Dr. Frank's work focused on a better understanding of mood disorders and their treatment. Her 1990 study of maintenance therapies in recurrent unipolar depression is considered a classic in the field. She and her colleagues subsequently demonstrated the preventive efficacy of interpersonal and social rhythm therapy (IPSRT), a psychosocial intervention originally developed for adult outpatients with bipolar I disorder and subsequently modified for a broader range of mood disorders, age groups and treatment settings. Since transitioning to emeritus status, Dr. Frank has focused her attention on the development and testing of smartphone-based digital biomarkers and therapeutic platforms based on the social rhythm regulation conceptual model.

An expert on mood disorders and their treatment, Dr. Frank has published more than 475 peer-review papers, in addition to over 100 book chapters and books. In 1999, Dr. Frank was elected to the National Academy of Medicine.