Basic neuroscience research on animal models is essential to understanding brain function and the thousands of brain diseases and disorders that affect humans and animals. New therapies can be developed only based on new knowledge, and animals play a key role. Here are some examples.

#### **Basic Brain Science**

### The Brain's Chemical Code The

development and use of neuroanatomical techniques in rodents and monkeys advanced knowledge of how neurons communicate with each other. This led to a molecular understanding of the synapse, the communication point between neurons that is affected in several brain disorders.

# Neural Circuitry of Memory Stud-

ies in rodents and monkeys revealed

the neural circuitry and molecular mechanisms of memory that have implications for Alzheimer's disease, aging, and disorders related to emotional learning, like post-traumatic stress disorder (PTSD).

Healthy Aging The brains of old animals provide deep insights into age-related changes in molecules, cells, and circuits. Aged rodents and monkeys help scientists design interventions to delay aging and to understand the difference between normal, healthy aging and pathological changes requiring treatment.

#### **Animal Disease Models**

**Stroke** The study of rodents guided the successful development of treatments such as brain cooling and drugs that dissolve clots blocking blood flow to the brain and that reduce damage after a stroke.

#### **Neurodevelopmental Disorders**

Numerous inherited brain disorders, including autism spectrum disorder, are associated with mental disabilities. Rodent and domestic animal models have contributed to understanding the mechanisms of these diseases and provided translational models to develop gene and stem cell therapies.

Depression, Bipolar, and Anxiety Disorders Research in rodents and monkeys revealed the brain pathways and biochemical systems that control mood, anxiety, fear, and stress responses. These discoveries led to improved treatments that more directly target the key neurotransmitters altered in psychiatric illnesses such as depression, bipolar, and anxiety disorders such as PTSD. **Drug Addiction** Rodent and monkey research led to the understanding of addiction as a brain disease caused by alterations of chemical signaling. Knowing the mechanism of addiction allows scientists to test new treatments.

## Brain-Machine Interface (BMI)

Research with monkeys drove the development of small brain implants that monitor brain activity and allow the brain to communicate with mechanical devices. Humans are now able to control artificial limbs with their own brains.

#### **Therapy Developments**

**Retinal Degeneration** Dog models have been studied to understand the molecular basis of blindness. This led to the development of gene therapy now effectively used in humans. Deep Brain Stimulation Studies of animals led to understanding the circuitry affected in Parkinson's disease and the mechanisms that cause neurodegeneration. Monkeys were essential in developing deep brain stimulation, a surgical alternative to the limited drug treatments available to patients with Parkinson's disease and some patients with drug treatment-resistant depression.

**Vaccines** Research using monkeys led to the understanding that viruses caused polio and measles, setting the stage for subsequent development of vaccines for new viral threats such as the Zika virus.

For more information visit BrainFacts.org/animals





# Animal Research Accomplishments

Advancing Science, Improving Health

