UT Southwestern has made an institution-wide commitment to training research-oriented residents.

The Department of Psychiatry at UT Southwestern is excited to help train the next generation of psychiatrist-scientists through our research track residency. With our diverse and extensive faculty, the Department of Psychiatry is in a unique position to prepare residents for successful academic research careers. Close connections with many other departments in UT Southwestern Medical School and UT Southwestern Graduate School of Biomedical Sciences provide the framework for a variety of areas of scientific investigation. Our program, Translational Research Activities in Neuropsychiatry (TRAIN), is currently funded by NIMH (R25MH101078; MH Trivedi, PI) The program is designed to allow greater flexibility for residents and access to additional didactics, financial support, and protected time for research.

Eligibility/Application Process

Residents are encouraged to express their interest in the research track as early as possible in the residency application process, but access is not limited after matriculation. Given the longitudinal nature of research and the scheduling limitations of residency, research track participants will benefit from acceptance into the program early in training. Prospective residents are encouraged to meet with prospective mentors and current research track residents during their residency interviews. Residents frequently carry Ph.D.s from prior training, although the research track is open to all residents with an interest in mental health research.

Financial Support

Courses offered through the Center for Translational Medicine are covered for research track residents. In addition, funds for other expenses including lab supplies, statistical software, books, conference travel or participant stipends are available with approval.

Didactic Support

In addition to regular weekly didactic curriculum as part of the general residency program, research track residents benefit from additional didactics to enhance their future as physician scientists. In particular, residents are encouraged to complete relevant coursework through the UT Southwestern Graduate School of Biomedical Sciences. This coursework is encouraged to start at the beginning of PGY-2 year and continues throughout the remainder of residency. More information about this program courses can be found on their website. Residents must complete the Responsible Conduction of Research Course and also will complete a series of online training modules including content through the Collaborative Institutional Training Initiative (CITI Program) (www.citiprogram.org).

Protected Time

Flexibility is certainly allowed and is in fact essential to ensure residents fulfill all of the requirements for general residency as well as the research track. Early planning is recommended to ensure that residents can easily accommodate all requirements. Research track residents will benefit from protected time throughout their residency starting with 10 percent in their PGY-1 year, followed by 50 percent time during the remainder of training.

For instructions on how to apply, please visit the following web address:

https://www.utsouthwestern.edu/education/medical-school/departments/psychiatry/education-and-training/residency-program/how-to-apply.html