



## ABOUT US:

Founded in 1961, the American College of Neuropsychopharmacology is drawn from scientists in multiple fields of study. This makeup of the ACNP allows us to offer expertise in the science of psychiatric disorders from the standpoint of diagnostics, prevention and therapeutics. The College is an honorific society made up of the top researchers and thought leaders in brain and behavior disorders.

## HOW CAN WE HELP?

Current statistics indicate just how widespread the effects of mental illness are in society. Approximately 20% of Americans, one in five people over the age of 18, suffer from a diagnosable mental disorder in a given year. Four of the ten leading causes of disability are mental illnesses. About three percent of the population have more than one mental illness at a time and five percent are affected so seriously, it interferes with their ability to function in society. Mental and neurological diseases cost the U.S. economy more than \$1.5 trillion per year-8.8 percent of gross domestic product (GDP). As scientists, we are learning that mental illness is associated with changes in the brain's structure, chemistry, and function and that mental illness does indeed have a biological basis. Our members are consistently acclaimed as the thought leaders in psychiatry and pharmacology, and we are applying this expertise to mental health policy. We would like to work with policymakers wherever and whenever possible to provide appropriate guidance and expertise.

## OUR AREAS OF EXPERTISE:

Addiction  
Alzheimer's Disease & Dementia  
Anxiety Disorders  
Attention Deficit Disorder  
Autism

Bipolar Disorder  
Depression  
Eating Disorders  
Generalized Anxiety Disorder  
Mood Disorders  
Obsessive-compulsive Disorder

Panic Disorder  
Post-traumatic Stress Disorder  
Psychotic Disorders  
Schizophrenia  
Sleep Disorders



# American College of Neuropsychopharmacology

The American College of Neuropsychopharmacology (ACNP), is a professional organization of leading brain and behavior scientists. The principal functions of ACNP are research and education. Our educational goals are to encourage young scientists to enter research careers in neuropsychopharmacology and to develop and provide accurate information about behavioral disorders and their pharmacological treatment.

## Why is it Important to Support Neuroscience?



There are more people with brain disorders than cancer and heart problems combined. As society ages, this number will increase exponentially as will the cost of the healthcare system and to the economy.



These problems are the leading cause of disability, resulting in more hospitalizations and long-term care than all other disorders combined.



From autism to Alzheimer's disease, neuroscience research is the only way to stop this growing epidemic.

## Show Your Support for Brain Research

### **Join a Caucus Today!**

#### **Congressional Neuroscience Caucus:**

Kristen Donheffner at: [Kristen.Donheffner@mail.house.gov](mailto:Kristen.Donheffner@mail.house.gov)

#### **U.S. House of Representatives NIH Caucus:**

Erin Meegan at [Erin.Meegan@mail.house.gov](mailto:Erin.Meegan@mail.house.gov) (or) Jamie Matese at [Jamie.Matese@mail.house.gov](mailto:Jamie.Matese@mail.house.gov)

#### **U.S. Senate NIH Caucus:**

Nick Myers at [Nick\\_Myers@lgraham.senate.gov](mailto:Nick_Myers@lgraham.senate.gov) (or)  
Jessica McNiece at [Jessica\\_McNiece@durbin.senate.gov](mailto:Jessica_McNiece@durbin.senate.gov)

### **How Can ACNP Help?**

- ⇒ **Organize and plan legislative briefings**
- ⇒ **Provide experts to committee hearings/briefings**

[www.ACNP.org](http://www.ACNP.org)

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